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Kick Off Your Shoes and Dance at the Italian Festival!

July 18, 2010
by iahfofiowa

Italian Folk Dance has been an integral part of Italian culture for centuries. From the days of Dante through modern times, dance has been a continuous thread in Italian life.

The Des Moines-based Italian Folk Dance Group, **Il Trattenimento Italiano**, will perform traditional Italian dances on the Casey's Main Stage of the Italian American Heritage Festival of Iowa on Friday, July 30, at 6:15 pm.

The dancers will return to the Casey's Main Stage on Saturday July 31, with the children's group performing at 1:00 pm and the adult group taking the stage at 6:00 pm.

To get an idea of what to expect, watch the video below showing Il Trattenimento Italiano performing at this year's [All Things Italian Festival](#) in Fairfield, Iowa.

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